# Curriculum Vitae

# JEFFREY C. ROTHWEILER, PhD

Elmergreen Associates Counseling Center 114 Grand Avenue, Wausau, WI 54403

- Phone715.845.7175Appointments715.551.4058Medical Professionals & Support Staff Only
- **Fax** 715.845.7142

Email <u>Rothweiler@WausauPsychology.com</u>

Web www.WausauPsychology.com

# LICENSURE & CREDENTIALS

Licensed Psychologist, State of Wisconsin since 03/22/06

# CURRENT POSITION

# **Licensed Psychologist**

Elmergreen Associates Counseling Center

- **Primary clinical responsibilities**—Providing psychological evaluations and treatment to inpatients and outpatients ages 13 and older
- Areas of special interest—Health psychology, chronic pain management, anxiety-related problems (e.g., PTSD/Trauma, OCD, Panic), and Attention Deficit Hyperactivity Disorder (ADHD). Other areas include anger management, chronic illness, depression & mood regulation, end-of-life issues, interpersonal problems, medical compliance, personality disorders, self-care, sleep disorders, smoking cessation, and weight management.
- **Primary treatment modalities**—Cognitive Behavioral and Interpersonal Therapies. Treatment may also include EMDR, hypnotherapy, biofeedback, and instruction and coaching in mindfulness training.

# **Clinical Researcher**

• Research focus—Assessment of personality function

# EDUCATION

- Post-Doctoral Fellowship, Elmergreen Associates, 2003–2005
- **PhD in Clinical Psychology,** University of Utah, 2003 (Thesis and Dissertation focused on interpersonal behavior patterns in Axis-II psychopathology)
- MS in Clinical Psychology, University of Utah, 1996
- Clinical Residency & Clerkship, University of Washington Department of Psychiatry, 1995–1997
- **BA in Psychology**, University of Washington, 1992 (Including 3 years as Dialectal Behavior Therapy research assistant to Marsha Linehan, PhD)
- **BA in Business**, University of Puget Sound, 1985



1998 – Present

License #057-2594

07/01/15 - Present

# PROFESSIONAL MEMBERSHIPS

- American Pain Society (APS)
- Eye Movement Desensitization Reprocessing International Association (EMDRIA)
- Association for Applied Psychophysiology and Biofeedback (AAPB)
- Society of Behavioral Medicine (SBM)
- American Society of Clinical Hypnosis (ASCH)
- American Psychological Association (APA)
- Wisconsin Psychological Association (WPA)

#### HONORS & AWARDS

- Psi Chi Honor Society Teaching Award, 1994
- Honors in Business Administration, University of Puget Sound, 1985

# CLINICAL EXPERIENCE

# **Licensed Psychologist**

Elmergreen Associates Counseling Center, Wausau, WI

- **Primary clinical responsibilities**—Providing psychological evaluations and treatment to inpatients and outpatients ages 13 and older
- Areas of special interest— Health psychology, chronic pain management, anxiety-related problems (e.g., PTSD/Trauma, OCD, Panic), and Attention Deficit Hyperactivity Disorder (ADHD). Other areas include anger management, chronic illness, depression & mood regulation, end-of-life issues, interpersonal problems, medical compliance, personality disorders, self-care, sleep disorders, smoking cessation, and weight management.
- **Primary treatment modalities**—Cognitive Behavioral and Interpersonal Therapies. Treatment may also include EMDR, hypnotherapy, biofeedback, and instruction and coaching in mindfulness training.

# **Licensed Psychologist**

Aspirus Psychology Clinic, Wausau, WI

- **Primary clinical responsibilities**—Providing psychological evaluations and treatment in outpatient and inpatient contexts
- Areas of special interest—Chronic pain, chronic illness, sleep, smoking cessation, medical compliance, ADHD, anxiety, depression and personality disorders
- **Primary treatment modalities**—Cognitive Behavioral and Interpersonal Therapies. Treatment also included EMDR, hypnotherapy, biofeedback, and instruction and coaching in mindfulness training.

# **Licensed Psychologist**

Elmergreen Associates Counseling Center, Wausau, WI

• **Primary clinical responsibilities**—Conducted psychological assessments, consulted with medical professionals, and provided inpatient and outpatient therapy for patients with various psychiatric presentations

# **Postdoctoral Fellow**

Elmergreen Associates Counseling Center, Wausau, WI

• **Primary clinical responsibilities**—Conducted psychological assessments, consulted with medical professionals, and provided outpatient therapy for patients with various psychiatric presentations

07/01/15 – Present

11/01/11 – 06/30/15

2003 – 2011

1999 - 2003

# **Dissertation Research**

• Completed extensive study (n = 250) of internal and external validity of the Structural Analysis of Social Behavior (SASB) Intrex and the Interpersonal Adjective Scales (IAS). Dissertation is frequently cited in interpersonal psychology literature.

# **APA-Approved Residency**

University of Washington School of Medicine, Department of Psychiatry and Behavioral Sciences, Seattle, WA

- University of Washington Inpatient Psychiatry, Seattle, WA—Conducted intake interviews, completed psychological assessments and provided inpatient therapy for patients with various psychiatric presentations. Conducted family sessions. Participated in daily multidisciplinary team case conferences and rounds. Participated in weekly conferences with psychiatric residents and attended psychiatric resident didactic sessions. Attended grand rounds. Observed weekly intensive clinical interviews of patients diagnosed with Axis-II personality disorders.
- University of Washington Outpatient Psychiatry, Seattle, WA—Conducted intake interviews, • provided psychological assessments and outpatient therapy for patients with various psychiatric presentations. Participated in weekly team case conferences. Attended grand rounds. Participated in weekly journal club meetings. Attended weekly multidisciplinary didactic sessions. Participated in weekly conferences with psychiatric residents.
- Washington State Penitentiary, Special Offenders Unit, Monroe, WA—Conducted psychological • evaluations, provided inpatient psychotherapy. Led group therapy. Participated in team meetings and case conferences/staffing. Participated in inmate commitment hearings.
- Children's Hospital Outpatient Behavioral Health Unit, Bellevue WA—Conducted intensive intake • evaluations, completed psychological assessments and provided outpatient therapy to children and adolescents with various psychiatric presentations. Conducted marriage and family sessions. Participated in multidisciplinary team meetings and case conferences.

# Clerkship

1995 - 1996Behavioral Medicine Clinic, Harborview Medical Center/University of Washington, Seattle, WA

Conducted intake interviews, completed psychological assessments, and provided outpatient • psychotherapy for individuals referred from primary care clinics. Participated in weekly multidisciplinary team meetings and case conferences. Attended grand rounds.

# PAST EMPLOYMENT

- Lead Contract Negotiator, Boeing Company, 1986 1992
- Lead Tooling Buyer, Boeing Company, 1982 1986 ٠
- Tooling Coordinator, Boeing Company, 1979 1982

# PUBLICATIONS

Benjamin, L. S., Rothweiler, J. C., & Critchfield, K. L. (April 2006). The use of structural analysis of social • behavior (SASB) as an assessment tool. Annual Review of Clinical Psychology, 2, 83–109.

1996 - 1997