

Curriculum Vitae

JEFFREY C. ROTHWEILER, PhD

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LICENSURE & CREDENTIALS

Licensed Psychologist, State of Wisconsin since 03/22/06

License #057-2594

CURRENT POSITION

Licensed Psychologist

Elmergreen Associates Counseling Center

7-01-15 - Present

- **Primary clinical responsibilities**—Providing psychological evaluations and treatment to inpatients and outpatients ages 13 and older
- **Areas of special interest**—Health psychology, chronic pain management, anxiety-related problems (e.g., PTSD/Trauma, OCD, Panic), and Attention Deficit Hyperactivity Disorder (ADHD). Other areas include anger management, chronic illness, depression & mood regulation, end-of-life issues, interpersonal problems, medical compliance, personality disorders, self-care, sleep disorders, smoking cessation, and weight management.
- **Primary treatment modalities**—Cognitive Behavioral and Interpersonal Therapies. Treatment may also include EMDR, hypnotherapy, biofeedback, and instruction and coaching in mindfulness training.

Clinical Researcher

1998 - Present

- **Research focus**—Assessment of personality function

EDUCATION

- **Post-Doctoral Fellowship**, Elmergreen Associates, 2003–2005
- **PhD in Clinical Psychology**, University of Utah, 2003 (Thesis and Dissertation focused on interpersonal behavior patterns in Axis-II psychopathology)
- **MS in Clinical Psychology**, University of Utah, 1996
- **Clinical Residency & Clerkship**, University of Washington Department of Psychiatry, 1995–1997
- **BA in Psychology**, University of Washington, 1992 (Including 3 years as Dialectical Behavior Therapy research assistant to Marsha Linehan, PhD)
- **BA in Business**, University of Puget Sound, 1985

PROFESSIONAL MEMBERSHIPS

- American Pain Society (APS)
- Eye Movement Desensitization Reprocessing International Association (EMDRIA)
- Association for Applied Psychophysiology and Biofeedback (AAPB)
- Society of Behavioral Medicine (SBM)
- American Society of Clinical Hypnosis (ASCH)
- American Psychological Association (APA)
- Wisconsin Psychological Association (WPA)

HONORS & AWARDS

- Psi Chi Honor Society Teaching Award, 1994
- Honors in Business Administration, University of Puget Sound, 1985

CLINICAL EXPERIENCE

Licensed Psychologist

7/01/15 - Present

Elmergreen Associates Counseling Center, Wausau, WI

- **Primary clinical responsibilities**—Providing psychological evaluations and treatment to inpatients and outpatients ages 13 and older
- **Areas of special interest**— Health psychology, chronic pain management, anxiety-related problems (e.g., PTSD/Trauma, OCD, Panic), and Attention Deficit Hyperactivity Disorder (ADHD). Other areas include anger management, chronic illness, depression & mood regulation, end-of-life issues, interpersonal problems, medical compliance, personality disorders, self-care, sleep disorders, smoking cessation, and weight management.
- **Primary treatment modalities**—Cognitive Behavioral and Interpersonal Therapies. Treatment may also include EMDR, hypnotherapy, biofeedback, and instruction and coaching in mindfulness training.

Licensed Psychologist

11/01/11 – 06/30/15

Aspirus Psychology Clinic, Wausau, WI

- **Primary clinical responsibilities**—Providing psychological evaluations and treatment in outpatient and inpatient contexts
- **Areas of special interest**—Chronic pain, chronic illness, sleep, smoking cessation, medical compliance, ADHD, anxiety, depression and personality disorders
- **Primary treatment modalities**—Cognitive Behavioral and Interpersonal Therapies. Treatment also included EMDR, hypnotherapy, biofeedback, and instruction and coaching in mindfulness training.

Licensed Psychologist

2003-2011

Elmergreen Associates Counseling Center, Wausau, WI

- **Primary clinical responsibilities**—Conducted psychological assessments, consulted with medical professionals, and provided inpatient and outpatient therapy for patients with various psychiatric presentations

Postdoctoral Fellow

1999 – 2003

Elmergreen Associates Counseling Center, Wausau, WI

- **Primary clinical responsibilities**—Conducted psychological assessments, consulted with medical professionals, and provided outpatient therapy for patients with various psychiatric presentations

Dissertation Research

1998 – 2003

- Completed extensive study ($n = 250$) of internal and external validity of the Structural Analysis of Social Behavior (SASB) Intrex and the Interpersonal Adjective Scales (IAS). Dissertation is frequently cited in interpersonal psychology literature.

APA-Approved Residency

1996 – 1997

University of Washington School of Medicine, Department of Psychiatry and Behavioral Sciences, Seattle, WA

- **University of Washington Inpatient Psychiatry, Seattle, WA**—Conducted intake interviews, completed psychological assessments and provided inpatient therapy for patients with various psychiatric presentations. Conducted family sessions. Participated in daily multidisciplinary team case conferences and rounds. Participated in weekly conferences with psychiatric residents and attended psychiatric resident didactic sessions. Attended grand rounds. Observed weekly intensive clinical interviews of patients diagnosed with Axis-II personality disorders.
- **University of Washington Outpatient Psychiatry, Seattle, WA**—Conducted intake interviews, provided psychological assessments and outpatient therapy for patients with various psychiatric presentations. Participated in weekly team case conferences. Attended grand rounds. Participated in weekly journal club meetings. Attended weekly multidisciplinary didactic sessions. Participated in weekly conferences with psychiatric residents.
- **Washington State Penitentiary, Special Offenders Unit, Monroe, WA**—Conducted psychological evaluations, provided inpatient psychotherapy. Led group therapy. Participated in team meetings and case conferences/staffing. Participated in inmate commitment hearings.
- **Children's Hospital Outpatient Behavioral Health Unit, Bellevue WA**—Conducted intensive intake evaluations, completed psychological assessments and provided outpatient therapy to children and adolescents with various psychiatric presentations. Conducted marriage and family sessions. Participated in multidisciplinary team meetings and case conferences.

Clerkship

1995 – 1996

Behavioral Medicine Clinic, Harborview Medical Center/University of Washington, Seattle, WA

- Conducted intake interviews, completed psychological assessments, and provided outpatient psychotherapy for individuals referred from primary care clinics. Participated in weekly multidisciplinary team meetings and case conferences. Attended grand rounds.

PAST EMPLOYMENT

- Lead Contract Negotiator, Boeing Company, 1986 – 1992
- Lead Tooling Buyer, Boeing Company, 1982 – 1986
- Tooling Coordinator, Boeing Company, 1979 – 1982

PUBLICATIONS

- Benjamin, L. S., Rothweiler, J. C., & Critchfield, K. L. (April 2006). The use of structural analysis of social behavior (SASB) as an assessment tool. *Annual Review of Clinical Psychology*, 2, 83–109.